# Team Strengths Mapping

### When you identify your natural strengths and work from them, you increase your motivation, focus, and confidence.

Positive psychology research has also shown that strengths-based teams are more engaged, creative, and productive. Using the CliftonStrengths Assessment (formerly known as StrengthsFinder), and applied positive psychology and coaching interventions, this workshop will help participants identify natural strengths and how they show up within your team culture. This interactive workshop will increase individual awareness and collective team commitment around strengths in order to improve workplace relationships and boost employee engagement.

### **ADDITIONAL TRAINING DETAILS**

**LENGTH:** Customizable to be 2-6 hours depending on team size and desired learning outcomes

**INVESTMENT:** Starting at \$1,500 for a two-hour session

**NEXT STEPS:** Recommended to combine with Culture Consulting Services and Executive Coaching for Managers and Team Loaders

Managers and Team Leaders





# Advanced Strengths Development

## Doing too much of what you're <u>not</u> good at drains your energy. So does doing too much of what you <u>are</u> good at.

Your energy level is directly related to how your use your strengths based on your environment. Simply knowing what your strengths are is not enough. You must also learn how and when to use them appropriately. This advanced training will go deeper into the science behind strengths and how to use them in various interpersonal contexts as well as what not to do! Through groundbreaking psychological research on strengths development, participants will learn how to appropriately apply strengths in context and develop to increase their leadership impact.

#### **ADDITIONAL TRAINING DETAILS**

**LENGTH:** Customizable to be 2-4 hours depending on team size and desired learning outcomes

**INVESTMENT:** Starting at \$1,500 for a two-hour session

**NEXT STEPS:** Recommended to be combined with Team Strengths Mapping to create a full-day or multi-day organizational strengths training experience